



# PRO PHYSIQUE SPORTS SERVICES YEAR 2023-2024

## LADIES MONDAY LEAGUE

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
11-Sep-23	02-Oct-23	06-Nov-23	OFF	08-Jan-24	05-Feb-24	04-Mar-24	15-Apr-24	06-May-24	03-Jun-24
18-Sep-23	09-Oct-23	13-Nov-23	OFF	15-Jan-24	19-Feb-24	11-Mar-24	22-Apr-24	13-May-24	10-Jun-24
25-Sep-23	23-Oct-23	20-Nov-23	OFF	22-Jan-24	26-Feb-24	18-Mar-24	29-Apr-24	20-May-24	17-Jun-24
	30-Oct-23	27-Nov-23	OFF	29-Jan-24				27-May-24	24-Jun-24

## LADIES WEDNESDAY LEAGUE

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
13-Sep-23	04-Oct-23	01-Nov-23	OFF	03-Jan-24	07-Feb-24	06-Mar-24	17-Apr-24	01-May-24	05-Jun-24
20-Sep-23	11-Oct-23	08-Nov-23	OFF	10-Jan-24	21-Feb-24	13-Mar-24	24-Apr-24	08-May-24	12-Jun-24
27-Sep-23	25-Oct-23	15-Nov-23	OFF	17-Jan-24	28-Feb-24	20-Mar-24		15-May-24	19-Jun-24
		22-Nov-23	OFF	24-Jan-24				22-May-24	26-Jun-24
		29-Nov-23	OFF	31-Jan-24				29-May-24	

## LADIES THURSDAY LEAGUE

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
14-Sep-23	05-Oct-23	02-Nov-23	OFF	04-Jan-24	01-Feb-24	07-Mar-24	18-Apr-24	02-May-24	06-Jun-24
21-Sep-23	12-Oct-23	09-Nov-23	OFF	11-Jan-24	08-Feb-24	14-Mar-24	25-Apr-24	09-May-24	13-Jun-24
28-Sep-23	26-Oct-23	16-Nov-23	OFF	18-Jan-24	22-Feb-24	21-Mar-24		16-May-24	20-Jun-24
		23-Nov-23	OFF	25-Jan-24	29-Feb-24			23-May-24	27-Jun-24
		30-Nov-23	OFF					30-May-24	

## FAST 5 MONDAYS LEAGUE

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
11-Sep-23	02-Oct-23	06-Nov-23	OFF	08-Jan-24	05-Feb-24	04-Mar-24	15-Apr-24	06-May-24	03-Jun-24
18-Sep-23	09-Oct-23	13-Nov-23	OFF	15-Jan-24	19-Feb-24	11-Mar-24	22-Apr-24	13-May-24	10-Jun-24
25-Sep-23	23-Oct-23	20-Nov-23	OFF	22-Jan-24	26-Feb-24	18-Mar-24	29-Apr-24	20-May-24	17-Jun-24
	30-Oct-23	27-Nov-23	OFF	29-Jan-24				27-May-24	24-Jun-24

## MIXED MONDAY LEAGUE

OCTOBER			NOVEMBER		
	02-Oct-23			06-Nov-23	
	09-Oct-23			13-Nov-23	
	23-Oct-23			20-Nov-23	
	30-Oct-23			27-Nov-23	

## LADIES & FAST 5 MONDAY LEAGUE

League 1 - JEBEL ALI SCHOOL (INDOOR) / 5 WEEKS	League 4 - GEMS FOUNDERS (OUTDOOR) / 5 WEEKS
League 2 - GEMS FOUNDERS (OUTDOOR) / 6 WEEKS	League 5 - JEBEL ALI SCHOOL (INDOOR) / 6 WEEKS
League 3 - GEMS FOUNDERS (OUTDOOR) / 5 WEEKS	League 6 - JEBEL ALI SCHOOL (INDOOR) / 5 WEEKS

## LADIES WEDNESDAY LEAGUE

League 1 - JEBEL ALI SCHOOL (INDOOR) / JESS RANCHES (INDOOR) / 5 WEEKS	League 4 - GEMS FOUNDERS (OUTDOOR) / JESS RANCHES (INDOOR) / 5 WEEKS
League 2 - GEMS FOUNDERS (OUTDOOR) / JESS RANCHES (INDOOR) / 6 WEEKS	League 5 - JEBEL ALI SCHOOL (INDOOR) / JESS RANCHES (INDOOR) / 5 WEEKS
League 3 - GEMS FOUNDERS (OUTDOOR) / JESS RANCHES (INDOOR) / 5 WEEKS	League 6 - JEBEL ALI SCHOOL (INDOOR) / JESS RANCHES (INDOOR) / 6 WEEKS

## LADIES THURSDAY LEAGUE

League 1 - JEBEL ALI SCHOOL (INDOOR) / 5 WEEKS	League 4 - GEMS FOUNDERS (OUTDOOR) / 5 WEEKS
League 2 - GEMS FOUNDERS (OUTDOOR) / 6 WEEKS	League 5 - JEBEL ALI SCHOOL (INDOOR) / 5 WEEKS
League 3 - GEMS FOUNDERS (OUTDOOR) / 5 WEEKS	League 6 - JEBEL ALI SCHOOL (INDOOR) / 6 WEEKS

## LEAGUE FEES

MONDAY			WEDNESDAY				THURSDAY		
NO. OF LEAGUES	YEARLY FEE (10% DISCOUNT - EARLY BIRD)	STANDARD PRICE PER LEAGUE (OUTDOOR & INDOOR)	DIVISIONS	NO. OF LEAGUES	YEARLY FEE (10% DISCOUNT - EARLY BIRD)	STANDARD PRICE PER LEAGUE	NO. OF LEAGUES	YEARLY FEE (10% DISCOUNT - EARLY BIRD)	STANDARD PRICE PER LEAGUE (OUTDOOR & INDOOR)
5	9,605	1960 (5 weeks Outdoor)	1 - 3 (JESS RANCHES - INDOOR)	5	10,296	2200 (5 weeks)	5	9,605	1960 (5 weeks Outdoor)
		2352 (6 weeks Outdoor)		6	12,672	2640 (6 weeks)			2352 (6 weeks Outdoor)
6	11,290	2200 (5 weeks Indoor)	4 - 5 (JEBEL ALI SCHOOL - INDOOR & GEMS FOUNDERS - OUTDOOR)	5	9,605	1960 (5 weeks Outdoor)	6	11,290	2200 (5 weeks Indoor)
		2640 (6 weeks Indoor)		6	11,290	2640 (6 weeks Indoor)			2640 (6 weeks Indoor)
<b>MIXED MONDAYS</b>									
8 WEEKS	N/A	3,136							